



Judge Travel Guide For Grand Prix Stockholm

This guide was made by the following people, to make your visit to Stockholm more pleasant: Alexander Johansson, Victor Bernhardt

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Table of content

- Welcome to Sweden!
 - General information
 - Currency
 - Language
 - Simple Dictionary
- Public Transportation
 - SL (Storstockholms Lokaltrafik)
 - Buses
 - Metro
 - Commuter Trains
 - Taxi
- Flying to Stockholm
 - Arlanda
 - Traveling from Arlanda
 - Bromma
 - Traveling from Bromma
 - Skavsta
 - Traveling from Skavsta
- The Venue
 - Refreshment
 - Grocery
 - Map over venue area
- Accommodation
 - Hotels near the venue
 - Scandic Hotel (Infra City)
 - Scandic Hotel (Upplands Väsby)
 - Hotel Angora
 - Hostels and other cheap alternatives
 - Best Hostel Skeppsbron
 - Best Hostel City
- Tourist Spots
 - Djurgården
 - Vasa Museum
 - Old Town
 - Skansen
 - Stockholm City Hall
- Less known things to do in Stockholm
 - Shopping
 - Technical Museum
- Food and drink
 - Alcohol in Sweden
- Local Game Stores
 - Dragon's Lair
 - Alphaspel
 - Prisfyndet (Uppsala)
- General Information and Safety Tips
 - Power Outlets
 - Temperature
 - Timezone
 - Pickpockets
 - Emergency Number
 - Contact for Additional Information

Welcome to Stockholm!

Stockholm is with its two million citizens Sweden's largest city and capital. It was founded c.1250 and is built upon 14 different islands connected by bridges and tunnels. The city is known for its beauty, buildings, clear clean water and many parks.

General information

Currency

The currency in Sweden is the Swedish Krona (SEK/KR). Exchange rates are roughly:

1 EUR = 9 SEK

1 USD = 7 SEK

1 GBP = 11.5 SEK

Most stores do not accept foreign currency, so we suggest that you either exchange the money at the exchange office at the airport or make a withdrawal from an ATM (Some banks charge extra for foreign cards). Almost all stores, hotels and restaurants accept cards, such as Visa and MasterCard, as payment.

Language

The official language in Sweden is Swedish, but you will have no problem getting by using only English due to the integration of the English language into our school plan (most Swedes learn English from the age of nine or earlier).

Simple dictionary

Thank you = Tack

Hello = Hej

Good morning = God morgon

Excuse me = Ursäkta mig

One beer = En öl

Sorry = Förlåt/Ursäkta mig

As you might notice there are some weird letters in here. Namely å, ä and ö. These can be hard to pronounce and sound weird to the native English speaker.

Å. Pronounced like the au in **Paul**.

Ä. Pronounced like the ai in **hair**.

Ö. Pronounced like the u in **fur** or the ir in **bird**

Public Transportation

SL (Storstockholms Lokaltrafik)

Public transport – which includes buses, metro, commuter trains, trams and the ferries going out to Djurgården– are all managed by SL, the public transportation company. For traveling with SL you need a ticket. These come in three different forms: SMS (text) tickets (these are not recommended since you need your credit card registered online before using the SMS service) which you show at ticket booths or to a driver or conductor, paper tickets, which are bought from ticket machines and the plastic SL Access card, which is the travel card residents use.



Generally, the SL ticket system can appear slightly confusing to visitors (residents are also confused every now and then). We recommend you check out their website for full information. However, we urge you to take note that **tickets cannot be purchased onboard any transport**, and failing to note this will result in a heavy fine (120 euro) if an inspector shows up and asks for your pre-boarding purchased ticket.

Once you have your tickets, the public transport system, especially the metro, works quite well and can take you wherever you want to go. After 10 pm, most services will run less often.

When traveling using public transportation, it's a good idea to plan ahead with [SL's travel planner](#). Here you can search all ways of traveling from one address to another.

If you plan to use the public transportation system, we recommend the seven day ticket (total cost of 320 sek, comes with access card) or the 72 hour ticket (total cost of 230 sek, single use card). Tickets can be bought at Pressbyrå (a kiosk chain that often have stores near the metro), from the station guard or from the machines located on the metro/commuter train stations.



For more information about SL, ticket prices and the travel planner visit: <http://sl.se/en/>

Busses

All busses are entered from the front door, where you either show you ticket for the driver (paper tickets and SMS ticket) or scan you plastic Access card. On each bus stop you will find departure times on small paper signs, these also details where the busses stops on their routes.

Metro

The metro in Stockholm is separated into three different lines, the red line, green line and the blue line. The metro runs once every five minutes during rush hour and once every fifteen minutes on normal hours. If you are traveling late during week days the metro stops running after 1AM. During weekend nights the metro runs at least once every half an hour.

To get through the turnstile, simply scan your access card on the reader and walk through (if you have a paper ticket, show it to the station guard and he will let you through).



On the last page of this document you will find a layout of the metro lines.

Commuter trains

The commuter trains are the way to go if you want to travel outside of central Stockholm. There are four commuter lines that run through stockholm. The commuter trains function very much the same as the metro. You scan your access card on the reader and walk through the turnstile (if you have a paper ticket, show it to the station guard)

On the last page of this document you will find a layout of the commuter train lines.

Taxi

There are several taxi services in Stockholm and they all charge a different rate for traveling. Uniting them is that this rate is fairly high compared to most other larger cities, so unless you have deep pockets, don't plan on using taxis a lot.

If you want to use a taxi the services Taxi Stockholm, Taxi Kurir, Taxi 020 or TopCab are recommended. Smaller services and individual drivers will sometimes try to name themselves very similarly and then overcharge, so make sure you step in the right car.

By Swedish law all taxis must nowadays have a sign on them stating the average price for a 10 km journey. On average a "cheap" taxi goes for around 300 sek. Always check the sticker (usually located on the rear door window) on the taxi before getting in.



När	Jämförpris 10 km som tar 15 min	Det högsta jämförpriset som tillämpas av detta taxifordon
Mån - Sön kl. 00-22	9909 kr	9909kr
Mån - Sön kl. 22-23	1999 kr	
Mån - Sön kl. 23-24	599 kr	

Begär alltid taxameterkvitto!

Flying to Stockholm

There are three airports located near Stockholm, all of them have international flights and are fairly easy to travel from.

Arlanda

Arlanda is Sweden's largest airport and the airport we recommend that you travel to. It is located a mere 20 km from the venue.

For a map over the Arlanda, visit: <http://www.swedavia.com/arlanda/at-the-airport/find-at-the-airport/>

Traveling from Arlanda

By commuter train

After claiming your luggage, head towards Sky City (Arlanda shopping area, located between terminal 4 and 5). Here you will find a reception where you can buy SL tickets, and the escalators down to the commuter trains. To use the commuter train to and from Arlanda you will need to pay a small fee (75 SEK), this is payed at Sky City.

To travel to the GP venue, take the train headed towards Stockholm central station ("T-Centralen"). Get off at Upplands Väsby. From Upplands Väsby, change to bus 536 (bound for Bollstanäs) and get off at Infra City. This trip should take approximately 40 minutes.

For more information about the trains from Arlanda, visit: <http://www.swedavia.com/arlanda/to-from/train/>

By taxi

Head for the main entrance after claiming your bags. There are always several taxi cars waiting outside the airport. Make sure to check the price sticker located at the rear window of the taxi (you will find more information about this in the public transportation section).

Arlanda express and airport couches

If you are not headed for the GP venue and want to get to Stockholm easily you can either take the "Arlanda express" (high speed direct train) or use the airport couches, "Flygbussarna". There are machines located near the main entrance to buy tickets, and signs clearly pointing out where the busses and trains are.



Bromma

Bromma is located 1.5 hours away from the venue with public transport but is much closer to central Stockholm compared to Arlanda. Bromma is mainly a hub for domestic flights, but have some international as well.

Traveling from Bromma

Take buss 152 (bound for Liljeholmen), get off at Sundbybergs Torg. Switch to the metro and go to the central station (T-Centralen), where you will then take the commuter train headed towards Uppsala, get off at Upplands Väsby. From here you take buss 536 (bound for Bollstanäs) get off at Infra City

You can also take the airport couches, “Flygbussarna” to Cityterminalen (Stockholms long distance bus hub, located next to the central station). A one way ticket costs 75 SEK.

Timetables and prices: <http://www.flygbussarna.se/en/>

Skavsta

Since Skavsta is located about three hours away from the venue (longer travel time on Fridays and Mondays), this remote airport is not recommended. Most low cost airline lands/departs from here, meaning that if you want to save money on the flight, this is the airport you are likely to end up at.

Traveling from Skavsta

The two ways of traveling here are by car or using the airport couches. The airport couches or “Flygbussarna”, will take you to Cityterminalen (Stockholms long distance bus hub). A ticket costs 139 SEK

Timetables and prices: <http://www.flygbussarna.se/en/>

The Venue (Infra City)

Address

Kanalvägen 10
194 61 Upplands Väsby
Stockholm
Sweden

Located almost an hour away from Stockholm with public transport and less than an hour away from Arlanda. The business area Infra City is an ideal location for companies that want their employees to travel easily.



Refreshments

You will have no problems finding a restaurant to choose from, there are eight restaurants located inside Infra City and more located within walking distance of the venue.

Grocery

Inside Infra City you can find a grocery store named ICA where you can buy any groceries you might need during your stay.

Map over the venue area

The bus station can be found on Kanalvägen, right in front of scandic hotel.

5b. Here you can find a Grocery store named ICA and a ATM machine.

7. Here you will find thai food and a pizza place.

10a. Scandic Infra City, the venue for the GP. You can also find the restaurant Upper West here.



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Accommodation

Hotels near the venue

Scandic Hotel (Infra City) (Staff hotel)

Located above Infra City and the venue, you can't get any closer than this.

Average cost for two nights (double bedroom): 900 SEK

Distance from venue: ≈ 0.3 km

Getting to the venue: Since the venue is located in the same building getting there is just a matter of finding your way around inside.

Getting to the central station: Take bus 566 (bound for Upplands väsby station) or bus 560 (bound for Kallhälls station) and get off at Upplands väsby station. From there you take the commuter train headed to the central station (T-centralen).



Scandic Hotel (Upplands Väsby)

Located in central Upplands Väsby, this hotel is closer to the commuter train, making it easy to travel into Stockholm.

Average cost for two nights (double bedroom) :1100 sek

Distance from venue: ≈ 1.9 km

Getting to the venue: Take bus 536 (bound for Bollstanäs) from Ardennergatan (right next to Statoil and Burger king). Get off at Infra City.

Getting to the central station: Follow Hussarvägen until you reach Väsbyvägen. Turn left and follow Väsbyvägen until you reach the commuter train station. From here take the train headed towards the central station (T-centralen).



Hotel Angora

While not being located near the commuter lines, this hotel offers a fantastic view over the nearby lake.

Average cost of one night (single bedroom): 700 sek

Distance from venue: \approx 2.1 km

Getting to the venue: Go to Bollstanäsvägen, from there take bus 560 (bound for Upplands Väsby station). Get off at Infra City)

Getting to the central station: Go to Bollstanäsvägen, from there take bus 560 (bound for Upplands Väsby station). Get off at Upplands Väsby station and switch to the commuter train headed towards the central station.



Hostels and other cheap alternatives

Best Hostel Skeppsbron

Average cost of one night (shared bedroom): 330 sek

Located near central Stockholm.

Getting to the venue: Take the commuter train to Upplands Väsby, switch to bus 536 (bound for Bollstanäs). Trip takes around 40-60 minutes.



Best Hostel City

Average cost of one night (shared bedroom): 400 sek

Located near Hötorgets Metro station.

Getting to the venue: Take the metro (or walk) to the central station, then take the commuter train to Upplands Väsby, switch to bus 536 (bound for Bollstanäs). The trip takes around 50-70 minutes.



Tourist Spots

Djurgården

Djurgården is an island and a district of Stockholm known for its many tourist attractions and beautiful nature. Here you will find The Vasa Museum, Gröna Lund (Stockholm's tivoli), Skansen, The Abba museum, Junibacken and much more.

The name Djurgården comes from its old name, den Kungliga Djurgården. Which translates into the royal game park. The official name of the island is Valdermarsön (named after king Valdemar), but after king John III made it his game park, the name Djurgården has stuck around. So much that more people know it by the name Djurgården.



For more information visit: <http://www.visitdjurgarden.se/en/>

Vasa Museum

The great warship Vasa was built by the orders of king Gustav II Adolf in 1626. It was to be one of the greatest warships ever built, hosting over 60 cannons and 400 crew members. During its maiden voyage the 28 of august 1628 the ship capsized and sank after sailing 1300 meters.

In 1961 after years of underwater excavation work, Vasa was once again brought above water. Nowadays you can find the Vasa ship in its own museum located on Djurgården. Natives in Stockholm tend to overlook this spot, but visitors are generally very positive.



For more information and opening hours, visit: <http://www.vasamuseet.se/en/>

Old Town (Gamla Stan)

Old Town is located in the middle of Stockholm and although a tourist magnet it will provide gems for the visitors willing to walk off course and wander around. The regally enthused will find the Royal Castle here, with the Royal Armory sporting a great collection of historic armour, weapons and other artefacts. Old Town is also a great spot if you enjoy seeing old architecture, churches or just want to enjoy a relaxing stroll and some ice cream.



To get to the Old town, simply take the metro on the red or green line and get off at the Gamla Stan station, then follow the signs inside the metro station until you exit near the edge of Old town.

Skansen

Located on Djurgården, Skansen is Stockholm's open air museum and zoo. Hosting around 140 buildings (including a full scale replica of a 19th century rural village), Skansen gives an unique insight of traditional life in Sweden.

Skansen zoo has a wide variety of scandinavian animal life (elk, brown bear, lynx, grey wolf and more) inside you will also find Skansen aquarium, where you will find exotic animals from all around the world (note that there is an extra fee to enter the aquarium).



For opening hours and more information visit: <http://www.skansen.se/en/kategori/english> and <http://www.skansen-akvariet.com>

Stockholm City Hall

This is one of Sweden's most famous buildings, and one of Stockholm's most visited tourist attractions. Known for its large banquet halls and art, this is a good idea to visit for anyone who likes culture.

Guided tours are offered every day, you are not allowed to walk freely in the Halls.

Stockholm City Hall is located near Kungsholmen. To get here, go to Slussen and take bus 3 (bound for Karolinska Sjukhuset). Get off at Stadshuset.

For more information and opening hours, visit: <http://international.stockholm.se/the-city-hall/>



Less known things to do in Stockholm

Shopping

Stockholm may not be known for it, but we have a lot of shopping malls. In central Stockholm, you can find Gallerian, NK (nordiska kompaniet) and MOOD. Here you can buy designer clothes, electronics, grab a snack and much more.

For more information, visit: <http://www.shoppingguidestockholm.se/en>

Technical Museum

If you are willing to travel a bit outside of central Stockholm, you will find the technical museum. Here you can find exhibitions of many different kinds. For example there is a reconstruction of a classic Swedish silver mine.

For more information, visit: http://www.tekniskamuseet.se/1/start_en.html

Nightclubs

If partying is your thing, Stockholm will not disappoint. Located all through the city you can find pubs and nightclubs.

The most well known nightclubs you will find at Stureplan, near Östermalmstorg metro station (These are also the more exclusive clubs. Often with dress code and higher age limit).

Some of the more well known nightclubs are: Café Opera (Located near kungsträdgården metro station), Oxid (Located near Stureplan), Golden Hits (Located near Hötorget metro station, age limit of 25 or older) and Patricia (Located near Mariatorget metro station).

Many pubs are found on Götgatan (Slussen metro station), Södermalm or in the Old town (Gamla stan), these are often more relaxed and serve food until 10PM. Some bars/pubs worth mentioning are: Sjätte tunnan (decorated as a 1500th century longhouse) located in Old town, Patricia (with a total of seven bars, a nightclub, and a restaurant all located on a single boat that is permanently docked) located near Mariatorget metro station.

For more information, visit: <http://www.visitstockholm.com/en/Eat--drink/Nightlife/>

Cafés

The Spanish have their siesta, the Swedish have their fika!

For those that did not know of it, fika (pronounced fee-ka) is a Swedish noun and verb with the meaning “take a break and have a coffee and something sweet”. Fika is so common in Swedish society, that many workplaces have scheduled fika breaks. With this information in mind, it’s no surprise that cafés are a common occurrence in Stockholm. So much, in fact, that you will have a hard time finding a street without one!

The Ice Bar

How does going to a bar entirely made out of ice sound? Cold? Don’t worry. If you decide to visit the ice bar, you will get to borrow a set of warm capes and gloves (which you will probably need since the glasses are made out of ice as well).

This bar is kept at a temperature of -5° all year round, and every part of the interior is made out of large ice blocks taken from the Torne river in northern Sweden.

Note that the bar only allows 40 persons at most inside. So if you are interested in going here, we suggest that you book a table.

For more information, visit: <http://www.icebarstockholm.se/>

Food and Drink

Even though Sweden is not known for its food, we do have a couple of dishes that are typical Swedish (Meatballs, cinnamon buns and the dreaded fermented herring comes to mind...). This does not mean that you will have problems finding a variety of restaurants serving a wide range of food. In fact, most restaurants do not even serve Swedish traditional food, and are more focused on foreign food.

We recommend the restaurants: Rolfs Kök (Located near Hötorget metro station), Fem små hus (Located in Old town) and Tradition (located near Rådmanngatan metro station)

Food and drinks at restaurants are often expensive. Do not expect a proper restaurant visit to go below 200 SEK.

Alcohol in Sweden

Buying alcohol outside of restaurants and clubs can be tricky in Sweden. The only retailer that is allowed to sell alcohol is Systembolaget. You have to be at least twenty years of age to be allowed to shop at Systembolaget, don't be surprised if they ask for ID when shopping.

Also note that alcohol consumption is prohibited in public, if you are encountered by a police officer or security guard they might ask you to pour your drink out.

Clubs and restaurants may serve alcohol to anyone of the age eighteen or older, but may raise this age limit if they wish (many clubs only allow persons of a certain age).

Local game stores

Dragon's Lair

Address

*Kungsholmstorg 8
112 21 Stockholm*

Located a mere five minutes from the Central station, this is Stockholm's central hub for MTG related activities. The shop has since its opening in 2004 become one of Sweden's largest retailer of board games, and with its 350 square meters you have a hard time not finding things to do here. There are Magic events every evening except weekends (unless there are larger tournaments planned).

To get here, either take the blue metro line to Rådhuset or take bus 3 to Kungsholmstorg.

Alphaspel

Address

*Sparbanksvägen 14
129 32 Hägersten*

Located near Hägerstensåsen's metro station (on the red line), Alphaspel is the place go if you want warhammer, board games or role playing supplies. The shop has been open for seven years and sells everything from chess boards to MTG cards.

Prisfyndet (Uppsala)

Address

*Kungsgatan 39
753 21 Uppsala*

Located in central Uppsala, this store might not be ideal to go to if you want to play magic on your off days. Since its opening in 1977, the store has offered everything from warhammer to comic books.

To get here take the commuter train towards Uppsala. You will need to switch trains at the end station and pay an extra fee for the last part due to Uppsalas commuter trains not being a part of SL.

General Information and Safety Tips

Power outlets

Sweden uses the Europlug (Type C & F) for electricity outlets. All outlets deliver 220 volts.

Temperature

The average temperature in October lies around 0°C (32 fahrenheit). Pack your clothes accordingly.



Timezone

The time zone in Stockholm is UTC+1.

Pickpockets

Being a large city has its down sides. Be aware of pickpockets while in public, especially in more crowded and central areas (the central station, airports etc).

Emergency number

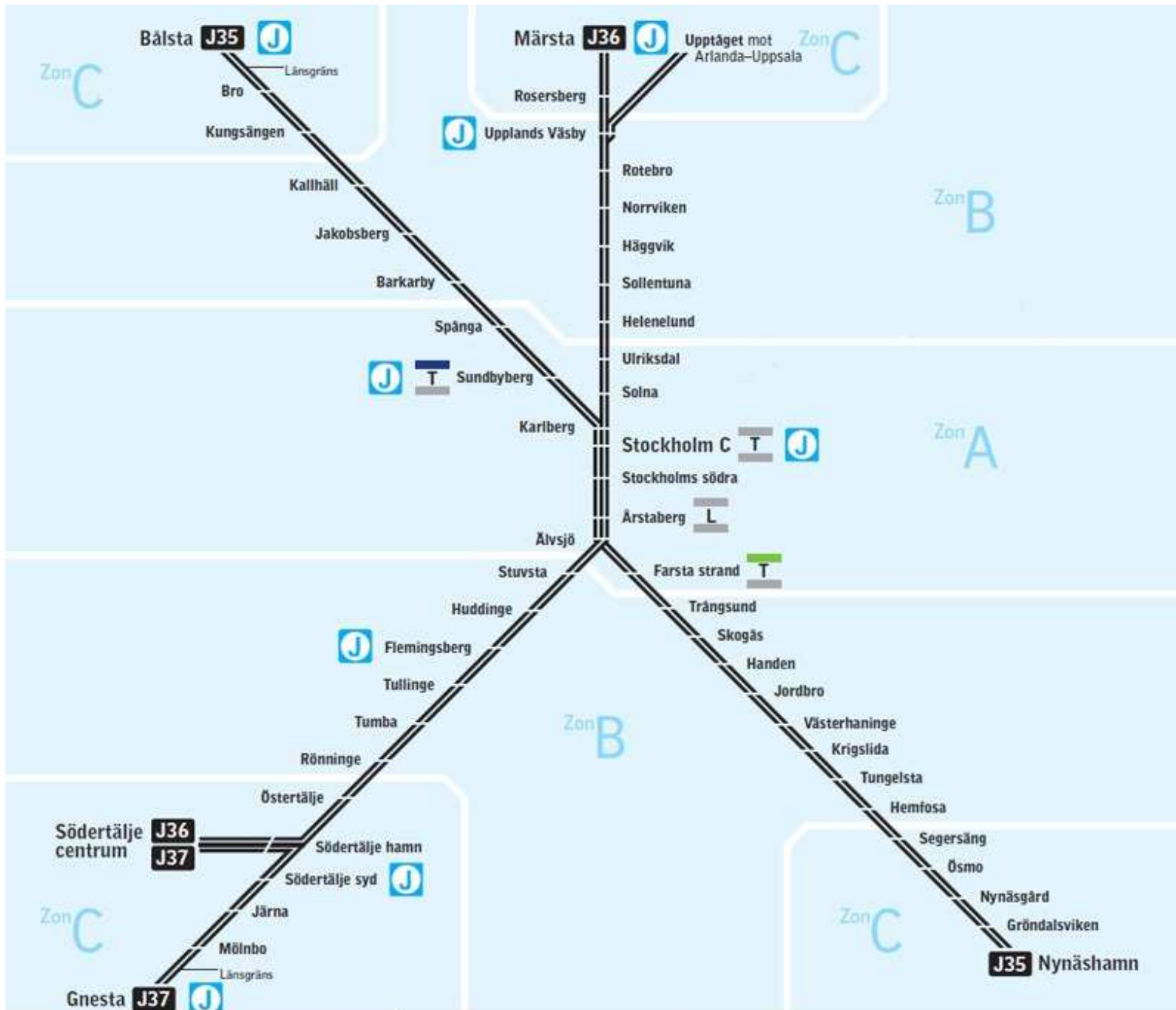
At the event of an emergency call the general european emergency number (112).

Contact for Additional Information

If you come upon any questions while planning your trip, don't hesitate to contact me directly and I will help you.

Alexander Johansson
Email: Alexanderjn@live.se
Cell phone: 0046708660454

Commuter lines



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Stockholm Metro



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